



LAKOTA EAST HIGH SCHOOL DEPARTMENT OF INTERSCHOLASTIC ATHLETICS



Lakota East Athletic Department Staff:

- Ms. Jill Meiring Athletic Director
- Mr. John Mason Assistant Athletic Director
- Mrs. Erin Young Office Manager
- John Wilson & Ray Hamilton Athletic Maintenance
- Mr. Michael Hoch Webmaster
- Mr. Dan Hilien Sports Information Director

Athletic Training - Beacon Orthopaedics & Sports Medicine:

- Mr. Kevin Stokes kevin.stokes@lakotaonline.com
- Mrs. Caitlin Perry caitlin.perry@lakotaonline.com
- Mr. Alex Mueller alex.mueller@lakotaonline.com

Athletic Department Information:

- Website: www.gohawksgo.com
- Season Passes All digital and can be purchased at: www.gohawksgo.com/tickets
- Game Tickets Online or at the gate - we prefer online and there's no fee!
- Participation Fees **\$200 due March 15th. If not paid by March 22nd = ineligible!**
- Final Forms Athletes must be green (physical turned in and forms signed)

Boosters:

The Boosters are looking forward to supporting East student-athletes this year and years to come. All funds are raised through membership, concession stand operations, Spirit Shop, and other fund raising activities such as our Booster Bash and the East Athletics 5K. Please join us in doing your part to ensure that Lakota East Athletics will continue its proud tradition. Your donation is 100% used to support the student athletes at Lakota East High School. Help us continue "Keeping the Hawks in the Game ."

[Membership Form](#)

The Boosters have been instrumental in the development of the athletic complex and renovation of the existing athletic facilities, all with a goal of supporting our student athletes. They have helped in the rebuilding of the Stadium Gate Entrance/Spirit Shop, Sound Systems for the Gym, Stadium, Baseball and Softball Fields, as well as new Scoreboards for the Baseball and Softball Fields. The boosters donated new weights to update the weight room, provided new Soccer Goals and also Volleyball nets and a Trackman for the Golf team. The biggest ticket item was the purchase of the Athletic Commuter Vans.

Eligibility:

1. Lakota Local School District Weekly Eligibility

- Student-athletes must be taking AND passing at least 5 solids (.5 credit) every week.
- Eligibility is based upon the previous week's grades and runs Monday-Monday.
- Mr. Mason will communicate ineligibility with coaches, athletes and parents.
- If ineligible, athletes may practice but not compete until eligibility is restored.
- Best Practice: TAKE 6 CLASSES

2. OHSAA Quarterly Eligibility

- Student-athletes must pass 5 solids (.5 credits each) in the immediately preceding grading period to be eligible.
- If ineligible, the result is quarter-long ineligibility!
- Mr. Mason will communicate ineligibility with coaches, athletes and parents.
- If ineligible, athletes may practice but not compete until eligibility is restored.

***** Check with Athletic Office prior to adjusting your class schedule *****

Non-Interscholastic Date:

- An athlete MUST cease non-interscholastic competition by a specific date, in order to be eligible to compete for one's school team.
- This includes club volleyball, club lacrosse, AAU basketball, travel softball/baseball, college clinics, pro-am tournaments, etc.
- If an athlete competes in any of these events after the non-interscholastic date, they are not eligible for OHSAA competition and the team would forfeit all of those games.
- The date is different for each sport!!
 - Baseball: April 3, 2024
 - Softball: March 22, 2024
 - Boys and Girls Lacrosse: March 25, 2024
 - Boys Tennis: April 8, 2024
 - Boys Volleyball: April 1, 2024
 - Track and Field: April 29, 2024

Important Thunderhawk Information:

- Attendance: Student-athletes must be at school half a day in order to participate in games/practice.
 - Exception: Excused absences, college visits, family emergencies, etc.
 - Please obtain clearance from the Athletic Director.
- Drug & Alcohol Policy:
 - First Offense: 50% suspension from athletic contests
 - Second Offense: Denial of participation in Athletics for one calendar year
 - Policy is active 24 hours a day, 365 days a year!
- [Student Athlete Handbook](#)
- Communication Chain of Command
 - 1st Step: Student-athlete meets with the Coach
 - If a resolution is not met, parent may set up a meeting with the Coach
 - If again a resolution is not reached, the Athletic Director should be contacted and a meeting will be held to discuss.

#theEASTway

- This needs to be ingrained in every aspect of our culture, both athletically and academically.
- Respect, communication, professionalism, taking care of our facilities/ cleaning benches, politeness to hosts, sportsmanship on the playing field, how our athletes act in the classroom, etc.
- Fan/Parent behavior
 - Model behaviors you would have your own children adopt, both in and out of the competitive arena.
 - Behavior deemed inappropriate will result in dismissal from the event and possibly not permitted to attend future Lakota events.
- Hawks for the Cure, Dragonfly, Relay for Life, Judy Buckenmyer Food Drive, etc - get your teams involved in these philanthropic events!
- Encourage support of other East athletic teams, performing arts groups, etc.